

GET INVOLVED

We must first be the change we want to see in the world.

Select issues that are important to you.

Personal

- Be punctual and dependable.
- Be articulate and personable.
- Be grounded and humble.
- Be forthright and honest.
- Be reliable and responsible.
- Be disciplined and professional.
- Be optimistic and take initiative.
- Support your mental health.
- Meditate and exercise.
- Read books and listen to podcasts.
- Consume the news thoughtfully.
- Follow diversity on social media.
- Develop a strong work ethic.
- Be detailed oriented.
- Be adaptable and welcome challenges.
- Handle pressure well and motivate others.
- Spread kindness and be a good neighbor.
- Listen deeply and empower someone.
- Speak your mind and provide fresh ideas.

- Appreciate constructive criticism.
- Be a team player and inspire others.
- Give people the benefit of the doubt.
- Release grudges through forgiveness.
- Express generosity and compassion.
- Respect other's space, property, integrity.
- Use your voice and give your time.
- Use the internet for good.
- Vocalize through art, text, photos, videos.
- Invest in and share knowledge.
- Host a movie/book night to enlighten a view.
- Participate in and/or support the arts.
- Work on a mission from start to finish.
- Buy less and donate clothes.
- Recycle responsibly and go green.
- Save an hour's electricity every day.
- Be an informed citizen.
- Become an organ and blood donor.
- Live peacefully.

Community

- Plant a vegetable crop on your porch.
- Plant or participate in a community garden.
- Shovel snow on sidewalks.
- Support a GoFundMe for a neighbor in need.
- Clean up trash in your community.
- Set-up local recycling stations.
- Ensure your city is clean and safe to travel.
- Take public transportation.
- Set-up a bike share program.
- Encourage scoote and motorcycle use.
- Convert to electric cars.
- Consider restricting cars in certain city areas.
- Ensure accessibility for all people.
- Shop local.
- Buy from underrepresented businesses.
- Create a public market.
- Create urban farming for fresh food.
- Join a food co-op.
- Feed stray animals or those rescued.

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- Avoid plastic bags for a month.
- Use reusable shopping bags.
- Foster community building.
- Construct using biomaterials.
- Build green roofs to reduce pollution.
- Promote fair trade.
- Ensure city is prepared for a natural disaster.
- Send emails/letters to an unfair company.
- Use well-targeted ads to address injustices.
- Reduce dependency on oil for heating.
- Levy fines and tax industries that pollute.
- Reward companies that use power for good.
- Invest in American manufacturing.
- Ensure a living wage and equal pay.
- Encourage healthy living.
- Innovate for good.
- Use competitions to attract experts.
- Use tech in social activism.
- Use social media for advocacy/awareness.
- Advocate for excellence in education.
- Explore education's role in global change.
- Volunteer at the local library.
- Volunteer at the hospital and food bank.
- Volunteer at the veteran's center.
- Volunteer at an animal shelter.
- Volunteer at your local charity.
- Volunteer at the Suicide Hotline.
- Support mental health and wellness.
- Provide care for disadvantaged people.
- Ensure immigrants/refugees are supported.
- Visit a senior citizen home and read books.
- Reconnect those socially disconnected.
- Donate to local organizations.
- Donate color pencils to a kindergarten class.
- Offer scholarships or bursary.
- Fundraise and march for a cause.
- Contribute to mutual aid funds.
- Use the impact of social entrepreneurship.
- Use the arts as a powerful tool for change.
- Harness technology for positive change.
- Sponsor a local event to enlighten/inform.
- Advocate for systemic change.
- Protest peacefully by occupying or blocking.
- Start a community composting program.
- Become a mentor.

Local Government

- Build trust in law enforcement agencies.
- Remove code of silence in every system.
- Elect judges and hold to term limits.
- Sign petitions and vote with your wallet.
- Volunteer for a local campaign.
- Join your condo/homeowner's association.
- Join a board or commission.
- Attend city council meetings.
- Run for City/Town council.
- Run for school board.
- Vote in every election.

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Corporate

- Employees can raise issues to improve.
- Organize workers to collectively negotiate.
- Own stock to hold companies accountable.
- Encourage investors to use money for good.
- Look for certification labels.
- Boycott brands that don't align with values.

Political

- Use mails-letters-calls to contact politicians.
- Meet with representatives to discuss issues.
- Use social media to express your views.
- Lobby the United Nations Foundations.
- Rally support for a political candidate.
- Encourage people to vote.
- Ensure fair elections.
- Stop foreign influence in U.S. elections.
- FEC must be independent.
- Congress can't fundraise during work hours.
- Political donations must be posted online.
- Ban individual stock ownership by Congress.

Federal Government

- Address climate change in meaningful ways.
- Address corruption in charities.
- Address corruption in corporatons.
- Address corruption in government.
- Address economics and national debt.
- Address energy.
- Address IRS fairness and equitable tax code.
- Address housing, poverty, and hunger.
- Address racism and home grown terrorism.
- Create agency for home grown terrorism.
- Analyze the cost of insurance.
- Apply Supreme Court ethics/term limits.
- Ban assault weapons and large clips.
- Control health care spending.
- Create effective educational system for all.
- Dismantle the electoral college.
- Eliminate monopolies.
- Ensure abortion rights.
- Ensure gender equality and human rights.
- Ensure separation of church and state.
- Identify lies in the media.
- Invest in health, medicine, and diseases.
- Maintain a resilient infrastructure.
- Mandate labels on food products.
- Never bail out or subsidize any company.
- Outlaw slush funds and penalize tax evasion.
- Prisons should reform and rehabilitate.
- Propose a 3% wealth tax on billionaires.
- Protect endangered species.
- Protect social security.
- Reclassify Fox News as Fox Entertainment.
- Revitalize truth in advertising.
- Remove most money from politics.
- Politicans must not be paid after leaving.
- Stop spying on U.S. citizens without cause.
- Update bankruptcy laws to avoid fraud.
- Remove loopholes that encourage fraud.
- Update all computer systems.